

Oral Sedation (Anxiolysis) Pre-Operative Instructions:

1. Take regular medications unless specified by Physician or Dentist
2. It is critical for you to not eat any food or drink any non-clear liquids (for example: coffee, milk, orange juice) for at least six (6) hours before your appointment. However, you may drink clear liquids (such as water and apple juice) up to two hours before the procedure.
3. Patient must be driven to the office by a responsible companion.
4. No smoking or drinking alcohol for 8hours prior to your periodontal appointment.
5. Sedative medications must be taken according to Dentist's instructions.
6. patients should wear clothing that is not restricting to the neck or arms. Please wear a short sleeve shirt. If the weather is cool, wear a jacket or sweater that you can remove.
7. Please do not wear fingernail polish (on at least one finger) because this may inhibit our monitors from working properly
8. Patient must have NO chance of pregnancy.